

Systemic treatment with a 5HT1a agonist induces anti-oxidant protection and preserves the retina from mitochondrial oxidative stress



Manas R. Biswal¹, Chulbul M. Ahmed¹, Cristhian J. Ildefonso, Pingyang Han, Hong Li, Hiral Jivanji, Haoyu Mao, Alfred S. Lewin*

Department of Molecular Genetics and Microbiology, University of Florida College of Medicine, Box 100266, Gainesville, FL, 32610-0266, USA

ARTICLE INFO

Article history:

Received 22 April 2015

Received in revised form

22 July 2015

Accepted in revised form 28 July 2015

Available online 25 August 2015

Keywords:

Age related macular degeneration

Oxidative stress

Mitochondria

Retinal pigment epithelium

5-hydroxy-tryptamine 1a receptor

Drug therapy

Mouse model

Superoxide dismutase

ABSTRACT

Chronic oxidative stress contributes to age related diseases including age related macular degeneration (AMD). Earlier work showed that the 5-hydroxy-tryptamine 1a (5HT1a) receptor agonist 8-hydroxy-2-(di-n-propylamino)-tetralin (8-OH-DPAT) protects retinal pigment epithelium (RPE) cells from hydrogen peroxide treatment and mouse retinas from oxidative insults including light injury. In our current experiments, RPE derived cells subjected to mitochondrial oxidative stress were protected from cell death by the up-regulation of anti-oxidant enzymes and of the metal ion chaperone metallothionein. Differentiated RPE cells were resistant to oxidative stress, and the expression of genes for protective proteins was highly increased by oxidative stress plus drug treatment. In mice treated with 8-OH-DPAT, the same genes (*MT1*, *HO1*, *NqO1*, *Cat*, *Sod1*) were induced in the neural retina, but the drug did not affect the expression of *Sod2*, the gene for manganese superoxide dismutase. We used a mouse strain deleted for *Sod2* in the RPE to accelerate age-related oxidative stress in the retina and to test the impact of 8-OH-DPAT on the photoreceptor and RPE degeneration developed in these mice. Treatment of mice with daily injections of the drug led to increased electroretinogram (ERG) amplitudes in dark-adapted mice and to a slight improvement in visual acuity. Most strikingly, in mice treated with a high dose of the drug (5 mg/kg) the structure of the RPE and Bruch's membrane and the normal architecture of photoreceptor outer segments were preserved. These results suggest that systemic treatment with this class of drugs may be useful in preventing geographic atrophy, the advanced form of dry AMD, which is characterized by RPE degeneration.

© 2015 Elsevier Ltd. All rights reserved.

1. Introduction

Clinical and biochemical data implicate oxidative stress in the pathogenesis of age related macular degeneration (AMD) (Cano et al., 2015; Hollyfield et al., 2008; Jarrett and Boulton, 2012; Shen et al., 2007). Tobacco use, which exposes both the smoker and bystanders to high levels of oxidants, is the biggest environmental risk factor for AMD (Smith et al., 2001). The Age-Related Eye Disease Study (AREDS) demonstrated that a dietary supplement containing zinc and antioxidants reduced progression to advanced neovascular AMD (2001). Oxidized proteins lipids and DNA are

abundant in eyes with advanced AMD, and proteins with carboxyethylpyrrole (CEP) adducts, derived from the oxidation of docosahexanoic acid, are more abundant in the serum and the eyes of AMD patients than in samples from age matched controls (Crabb et al., 2002; Hollyfield et al., 2008). In RPE of late stage AMD patients, the levels of antioxidant enzymes are elevated, suggesting a defensive response to increased oxidative stress (Decanini et al., 2007).

In animal models too, increased oxidative stress to the retina and RPE leads to pathology similar in to AMD in humans, including death of RPE cells and associated photoreceptors. Mice deleted for the *Sod1* gene, encoding CuZn superoxide dismutase, display drusen-like deposits and choroidal neovascularization late in life (Imamura et al., 2006). Iron is an important source of oxidative stress in the retina, and mice deleted for the iron transporters ceruloplasmin and hephaestin demonstrate hypertrophic RPE and

* Corresponding author.

E-mail address: lewin@ufl.edu (A.S. Lewin).

¹ These authors contributed equally to this paper.

subretinal neovascularization (Hadziahmetovic et al., 2008). Mice deleted for the transcription factor Nrf2, which regulates the production anti-oxidant enzymes, develop RPE atrophy, sub-RPE deposits and spontaneous choroidal neovascularization with age (Zhao et al., 2011). We have shown that depletion of mitochondrial superoxide dismutase encoded by *Sod2* in mice leads to several characteristic features of dry AMD including increased formation of CEP adducts, increased accumulation of bisretinoid compounds of RPE lipofuscin and death of RPE and photoreceptors (Justilien et al., 2007; Mao et al., 2014; Seo et al., 2012).

The 5-hydroxytryptamine (HT) 1a receptor is a potential target for controlling oxidative stress in the retina and RPE. Activation of this receptor is coupled to survival signaling in both neuronal and non-neuronal cells (Cowen, 2007). The 5-HT1a receptor is expressed in the neural retina and the RPE, and the receptor agonist, AL-8309A prevented both complement deposition and retinal degeneration in rats subjected severe photo-oxidative stress (Collier et al., 2011a; Collier et al., 2011b). We tested another 5HT1a receptor agonist 8-hydroxy-2-(di-n-propylamino)-tetralin (8-OH DPAT) in mice in which manganese superoxide dismutase (MnSOD) was depleted in the RPE following adeno associated virus (AAV) delivery of a ribozyme specific for *Sod2* mRNA (Thampi et al., 2012). Daily injection of this drug for four months prevented both loss of the electroretinogram (ERG) response and thinning of the outer nuclear layer (ONL) seen in eyes treated with vehicle only. We attributed this protection to a decrease in oxidative stress, because oxidative damage to DNA was decreased in the RPE following drug treatment. Furthermore, in ARPE-19 cells exposed to hydrogen peroxide, treatment with 8-OH-DPAT increased the levels of antioxidants such as glutathione and MnSOD.

Since that time, we have developed a model of retinal degeneration based on genetic deletion of *Sod2* in the RPE using cre-lox technology (Mao et al., 2014). While mutations in human *SOD2* have not been reliably implicated in AMD, deleting the mouse gene (*Sod2*) permits acceleration of age-related oxidative stress. These mice develop RPE hypertrophy and accumulation of lipofuscin by four months of age and significant loss of the ERG response, corresponding to the death of photoreceptor cells by six months. We decided to revisit the 5-HT1a agonist in this model, because up-regulation of *Sod2* transcription might have overcome the depletion of mRNA by the ribozyme used in the earlier study. We report now that systemic treatment with 8-OH-DPAT elevates the production of other antioxidant and detoxification proteins in the RPE and does, in fact, lead to protection of the retina, even when *Sod2* is deleted in the RPE.

2. Materials and methods

2.1. Experimental mice

Mice were housed in standard caging in a room with a 12 h light: 12 h dark cycle. *Sod2^{flox/flox}VMD2-cre* mice were transgenic for *P_{VMD2}-rtTA* and *tetO-P_{hCMV}cre* and were homozygous for *Sod2* containing *loxP* sites surrounding exon 3, which encodes the manganese binding site of superoxide dismutase. In these mice, cre recombinase is expressed, and *Sod2* is deleted, only in the RPE and only following treatment with doxycycline (Le et al., 2008). Expression of cre was induced in progeny mice by feeding nursing dams for two weeks with rodent diet containing doxycycline (200 mg/kg; Harlan Rodent diet T-7012, 200 Doxycycline) after birth of the litter (Mao et al., 2014).

For four months, *Sod2^{flox/flox}VMD2-cre* mice were treated by daily subcutaneous injection of 8-OH DPAT at a low (0.5 mg/kg) and high dose (5 mg/kg) or sterile saline, which was the diluent. At the outset, there were 20 mice per group. In addition, we treated a

group of six C57Bl/6J mice with the same treatment regimens for four days, sacrificing mice 2 h after the final dose, in order to measure transcript levels for antioxidant enzymes in the retina. For certain procedures, such as electroretinography (ERG), spectral domain optical coherence tomography (SD-OCT) and fundus imaging, mice were anesthetized with a mixture of ketamine (95 mg/kg) and xylazine (5–10 mg/kg) by intraperitoneal injection. Local anesthesia for the cornea was provided by 1 drop of proparacaine (1%). At the end of experiments, mice were euthanized either by inhalation of carbon dioxide (>90%) or by injection of 150 mg/kg of sodium pentobarbital (as Euthasol™).

All animal procedures were approved by the University of Florida Institutional Animal Care and Use Committee and were conducted in accordance with the Association for Research in Vision and Ophthalmology (ARVO) Statement for the Use of Animals in Ophthalmic and Vision Research.

2.2. Electroretinography

ERG analysis was performed at the same time of day for each time point, approximately 3 h after the lights went on in the housing room. Mice were dark-adapted overnight, anesthetized as indicated above, and in dim red light a 2.5% phenylephrine solution was applied to their corneas in order to achieve mydriasis. Gold wire loop contact lenses were placed on each cornea using a drop of CVS brand lubricant solution (0.25% carboxymethylcellulose, 0.3% hypromellose) to maintain corneal hydration. A ground electrode was placed subcutaneously in a hind leg, and a silver wire reference electrode was placed subcutaneously between the eyes. Responses were recorded from both eyes using an LKC UTAS Visual Electro-diagnostic System with a BigShot™ full-field dome (LKC, Gaithersburg, MD). Scotopic ERGs were elicited with 10 ms flashes of white light at 0 dB (2.68 cd s/m²), –10 dB (0.18 cd s/m²), –20 dB (0.02 cd s/m²) with appropriate delay between flashes. Five to 10 scans were averaged at each light intensity. This was followed by a 2 min white light bleach in room light then a white flash at 1.0 cd s/m² intensity was used to elicit a cone response. The a-wave amplitudes were measured from baseline to the peak in the cornea-negative direction, and b-wave amplitudes were measured from cornea-negative peak to major cornea-positive peak. Both a-wave and b-wave amplitudes were measured monthly.

2.3. Spectral domain optical coherence tomography (SD-OCT)

Spectral domain optical coherence tomography (SD-OCT) employed an Envisu ultra high resolution instrument (Bioptigen, Research Triangle Park, NC) at monthly intervals. Mice were dilated and anesthetized as described above for ERG analysis. We collected 300 linear B-scans and 30 images were averaged to minimize the background noise and to achieve a better resolution. Four measurements equidistant from the optical nerve head were recorded from each eye and were analyzed to determine the difference in ONL thickness. The results from each eye were averaged and the means were compared between time points.

2.4. Immunohistochemistry in RPE flat mounts

Mice were euthanized by inhalation with CO₂ and eyes were enucleated. After puncturing the cornea using a 18 gauge needle, the eyes were fixed with 4% paraformaldehyde for 30 min at room temperature. The whole eye was then transferred to phosphate buffered saline (PBS). The cornea, lens and neural retina were removed to dissect out eyecups. For antibody staining, eyecups were then rinsed in PBS and pre-incubated in 10% normal goat serum for 1 h. The eyecups were incubated overnight in rabbit

polyclonal anti-8-OHdG antibody at 1:100 (Santa Cruz Biotechnology). After washing four times with wash buffer (0.1% Triton X100 in PBS), the eye cups were incubated in Alexa Fluor 488 phalloidin (Life Technologies) (1:500) and fluorophore-conjugated secondary antibody at 1:500 (Life Technologies) for 1 h. After rinsing in PBS, four radial cuts were made and the eyecups were flattened and mounted on glass slides in Vectashield mounting medium with 4,6-diamino-2-phenylindole (DAPI; Vectashield; Vector Laboratories, Burlingame, CA). The images were taken with a Keyence fluorescence microscope.

2.5. RNA extraction and qPCR

ARPE-19 cells (ATCC, CRL-2302) were seeded in a 12 well plate at 70% confluence. The next day, the medium was changed to DMEM/F-12 containing 1% FBS. Cells were treated with 300 μ M paraquat, 20 μ M 8-OH-DPAT, or a combination of the two for the times indicated. Cells were then washed with PBS and total RNA was extracted using the RNeasy Mini Kit from QIAGEN, following the manufacturer's instructions. One microgram of RNA was used to synthesize first strand cDNA using the iScript cDNA synthesis kit from Bio-Rad (Hercules, CA). PCR primers, as shown in Table 1 were synthesized by IDT (Coralville, Iowa). The PCR reaction mixture contained cDNA template, SsoFastEvaGreen Super mix containing SYBR green (Bio-Rad [Hercules, CA]), and 3 μ M gene specific primers. After denaturation at 95 °C for 2 min, 40 cycles of reaction including denaturation at 94 °C for 15 s followed by annealing at 60 °C for 30 s were carried out using C1000 thermal cycler CFX96 real-time system (Bio-Rad). Gene expression was normalized to beta actin. Relative gene expression was compared with untreated samples and determined using the CFX96 software from Bio-Rad.

Mice (C57BL/6, n = 5, 8–10 week old) were treated with 5 mg/kg of 8-OH-DPAT, s.c., for 4 days. Mice were euthanized by CO₂ inhalation and eyes were harvested and dissected to extract the retina. RNA was extracted from the dissociated retinas using the RNeasy Mini Kit from QIAGEN, and the cDNA synthesis and qPCR were carried out as described in the previous paragraph for ARPE-19 cells. The posterior eye cup was dipped in PBS to remove any adherent debris. It was then transferred to a tube containing 200 μ l of RNAlater cell reagent (QIAGEN) and incubated for 10 min at room temperature. The tube was agitated to release RPE cells, as described in (Xin-Zhao Wang et al., 2012). The eye cup was removed. RPE cells were centrifuged at 2500 rpm (680 \times g) for 5 min. RNA was extracted from the RPE cells as described for the retinas.

2.6. ELISA

Nitrotyrosine levels were estimated using competitive enzyme immunoassay using the Nitrotyrosine Assay Kit, Chemiluminescence Detection from Chemicon International according to the instructions provided in the kit. The RPE/choroid was dissected from four *Sod2^{fllox/fllox}VMD2-Cre* mice of each treatment group at two months of age (one month of treatment). The left and right RPE/choroid from each mouse were pooled and sonicated for 10 s in Tris–HCl buffered saline, pH7.4, supplied with the kit. Duplicates of each mouse sample and duplicates of each test standard were used in the assay.

2.7. Immunohistochemistry in cells

ARPE-19 cells were grown in eight well chambered slides in a medium containing 1% FBS for 5 weeks until they acquired cuboidal shape. They were treated with 300 μ M paraquat, 20 μ M 8-OH-DPAT, a combination of the two, or left untreated for another 48 h. Cells were fixed with 4% formaldehyde for 30 min at room temperature and washed with PBS, followed by permeabilization using 1% Triton X-100 in PBS for 30 min at room temperature. Cells were then blocked in 10% normal goat serum in PBS containing 0.5% Triton X-100 for 30 min at room temperature followed by washing in 0.2% Triton X-100 in PBS (wash buffer). Rabbit polyclonal antibody to ZO-1 (Invitrogen) (1:200 dilution) was added and incubated overnight at 4 °C, followed by washing. Cy-3 conjugated anti-rabbit secondary antibody (Invitrogen) (1:300 dilution) was added and incubated for 30 min at room temperature, followed by washing. After the addition of mounting media, cells were covered with a cover slip and viewed under a Keyence BZ-X700 fluorescence microscope.

2.8. Transepithelial electrical resistance

ARPE19 cells were plated on 24-well transwell inserts (Greiner-Bio-one, surface area 33.6 mm², 0.4 μ m pore size) in DMEM/F-12 with 1% FBS for 4 weeks. Paraquat, and/or 8-OH-DPAT was added and incubated for 48 h. Transepithelial electrical resistance was measured using an EVOM2 voltohmmeter (World Precision Instruments, Sarasota, FL), according to the manufacturer's instructions. The plates containing the transwells were allowed to equilibrate to room temperature. The inserts were removed one at a time and placed into the EVOM2 chamber filled with DMEM/F-12 basal media. Net TEER measurements were calculated by

Table 1
Primers for PCR of antioxidant enzymes.

Gene	Forward primer	Reverse primer
Murine		
Metallothionein 1	CCGGACTCGTCCAACGACTA	AGGAGCAGCAGCTCTTCTTG
Heme oxygenase 1	AGCCCCACCAAGTTCAAAACA	GCAGTATCTTGACCAGGCT
NqO1	CGACAACGGTCTCTTCCAGA	CCAGACGGTTCCAGACGTT
SOD2	CAGGATGCCGCTCCGTTAT	TGAGGTTTACACGACCGCTG
Catalase	CAGCGACCAGATGAAGCAGTG	GTACCACTCTCTCAGGAATCCG
SOD1	TGCAGGGAACCATCCACTTCG	AACATGCCTCTCTCATCCGC
β -actin	CGAGCACAGCTCTTTGCAG	TTCCACCATCACACCTCTGG
Human		
Metallothionein 1	CGTGCGCCTTATAGCCTCTC	AGCAGCAGCTCTTCTTGACG
Heme oxygenase 1	CCAGCGGGCCACAACAAGT	GCCTTCAGTGCCACGGTAAGG
NqO1	AAAGGACCTTCCGGAGT AA	CCATCCTTCCAGGATTTGAA
SOD2	GTGTGGGAGCAGCCTTACTA	AGAGCTTAACATACTCAGCATAACG
Catalase	GATAGCCTTCGACCAAGCAAC	TGATTGTCTGCATGCACATCG
SOD1	GTGCAGTCTCTCACTTTAATCCTC	ACCTTTGCCCAAGTCATCTCG
β -actin	AGCGAGCATCCCCAAAG TT	GGGCACGAAGGCTCATCATT

NqO1, NAD(P)H dehydrogenase quinone 1; SOD2: superoxide dismutase 2; SOD1: superoxide dismutase 1.

subtracting the value of a blank transwell filter from the value of each filter with plated cells.

2.9. Histology

Following an overdose of sodium pentobarbital, mice were perfused with 2.5% glutaraldehyde and 2% paraformaldehyde in phosphate buffered saline. Eyes were removed and fixed overnight in freshly prepared 4% paraformaldehyde, 2% glutaraldehyde at 4 °C. The tissue was then washed with 0.1 M cacodylate buffer (pH7.4) for 10 min and incubated in 1% osmium for 4 h at 4 °C. Following osmium treatment, the eyes were incubated in 0.1 M cacodylate buffer overnight at 4 °C. The tissue was subsequently dehydrated with in a graded series of ethanol concentrations and rotated in epoxy/propylene for embedding. For electron microscopy, sections of 80–100 nm were prepared. Sections of 1 µm were made to evaluate the thickness of RPE at each of 10 evenly spaced locations (400 µm distance, beginning from optic nerve head) at 5 inferior loci and 5 superior loci along a vertical meridian. Data were collected from 10 readings at each locus with 3 random samplings of the slides from each eye.

2.10. Statistical analysis

For comparison of the mean amplitudes of multiple groups (e.g., changes in ERG amplitude over time and ONL thickness), we employed one-way analysis of variance (ANOVA) with Tukey's post hoc test. For comparison of mean transcript levels to untreated samples, we used Student's t-test for unpaired samples. In this case, samples were not compared with each other but only to the control (saline) sample for each group.

3. Results

3.1. A 5HT1a agonist protects RPE cells from mitochondrial oxidative stress

Thampi et al. reported earlier that treating ARPE-19 cells with 8-OH-DPAT protected them from injury by hydrogen peroxide (Thampi et al., 2012). We now wanted to determine if this 5-HT1a agonist could protect ARPE-19 cells from reactive oxygen species generated internally, by the mitochondrial electron transport chain. For this purpose, we treated ARPE-19 cells with paraquat, which causes an increase in reactive oxygen species (superoxide and hydrogen peroxide) within mitochondria, largely by interaction with Complex 1 of the respiratory chain (Castello et al., 2007; Cocheme and Murphy, 2008). ARPE-19 cells were grown to 70% confluence in low serum medium and exposed to 300 µM paraquat for 24 h. We observed a dose-dependent impact of 8-OH-DPAT on cell survival: while only 10% of cells were viable in the absence of 8-OH-DPAT, addition of 3 µM 8-OH-DPAT increased viability to 30% and addition of 30 µM of the 5HT1a agonist led to 65% viability (Fig. 1). Increased survival could also be documented by microscopy: Freshly plated monolayers treated with 300 µM paraquat exhibited gaping holes and cells lifting out of the plane; whereas the monolayer was preserved in cells treated with 8-OH-DPAT plus paraquat (or with DPAT alone) (Fig. 2A–D). If the cells were permitted to grow in 1% FBS containing medium for five weeks, immunofluorescence, using primary antibody to the tight junction protein zona occludens1 (ZO-1), revealed that tight junctions in naïve cells (Fig. 2E) and cells treated with 8-OH-DPAT alone (Fig. 2H) but tight junctions were also apparent in cells treated with paraquat (Fig. 2F) or with 8-OH-DPAT plus paraquat (Fig. 2G). These results suggest that differentiated ARPE-19 cells are resistant to oxidative stress, as documented by the previous work of

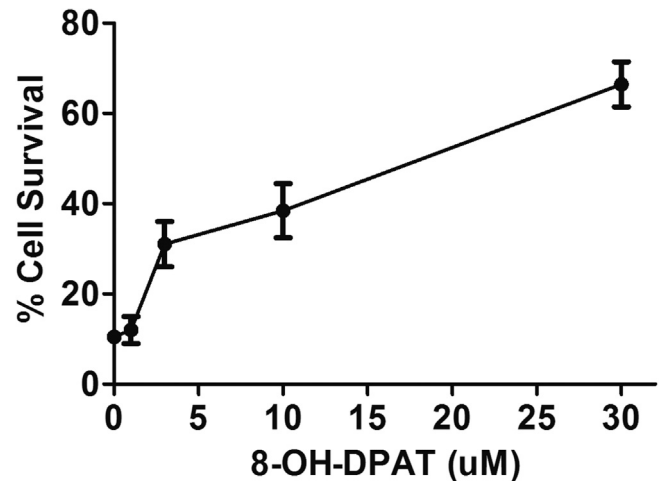


Fig. 1. 8-OH-DPAT prevents RPE cell killing by mitochondrial oxidative stress. ARPE19 cells were seeded at 70% confluence in medium containing with 1% FBS and allowed to grow overnight. Then cells were treated with 300 µM paraquat and increasing amounts of 8-OH-DPAT, as indicated. Two days later, cells were stained with CellTiter Aqueous (Promega) and the absorbance read in a plate reader. Survival of cells was calculated using the absorbance of cells not treated with paraquat as 100%.

others (Bailey et al., 2004; Hsiung et al., 2015).

3.2. Induction of antioxidant genes by 8-OH-DPAT

Thampi and co-workers (*op. cit.*) had observed an increase in manganese superoxide dismutase (MnSOD) in cells treated with H₂O₂ plus 8-OH-DPAT, and we used quantitative real-time PCR to determine if 8-OH-DPAT plus paraquat had a similar effect (Fig. 3A). Indeed, while treatment with 8-OH-DPAT alone led to a 2.4 fold increase in the level of SOD2 mRNA in ARPE-19 cells ($p < 0.05$), treatment with paraquat and 8-OH-DPAT together caused an 11-fold increase in SOD2 expression ($p < 0.001$); whereas treatment with paraquat alone produced a small decrease in SOD2 expression. Furthermore, treatment with 8-OH-DPAT in the presence of paraquat led to significant increases in the levels transcripts of five other protective proteins, metallothionein 1 (MT1), heme oxygenase 1 (HO1), NAD(P)H dehydrogenase quinone 1 (NqO1), catalase (Cat) and superoxide dismutase 1 (SOD1). Zinc cations have been shown to protect RPE cells in culture by activation of metallothionein (Tate et al., 1999), and 8-OH-DPAT increases metallothionein production in primary cultured astrocytes (Miyazaki et al., 2013) suggesting that the drug may protect RPE cells by induction of MT1. HO1 and NqO1 are antioxidant enzymes regulated by transcription factor Nrf2 binding to the antioxidant response elements in their promoters (Calkins et al., 2008). One might expect, therefore, that they would be up-regulated by paraquat alone. Yet we observed statistically significant increases in HO1 and NqO1 by 8-OH-DPAT that were not further increased by treatment with paraquat.

Differentiated RPE cells that form a characteristic cobblestone appearance with tight junctions are more resistant to oxidative stress than freshly grown RPE cells in culture (Bailey et al., 2004; Hsiung et al., 2015). To determine if drug-treatment affected the sensitivity of these cells to paraquat, we repeated the 8-OH-DPAT treatment, this time using cells that had been grown as monolayers in low serum medium for different intervals up to 30 days. Four days after plating, cells exhibited a low transepithelial resistance (TER) that was completely sensitive to paraquat, though simultaneous treatment with 8-OH-DPAT preserved the TER (Fig. 3B). A similar result was obtained 11 days after plating, but by 18 days, RPE monolayers were resistant to paraquat, and by 30 days cells

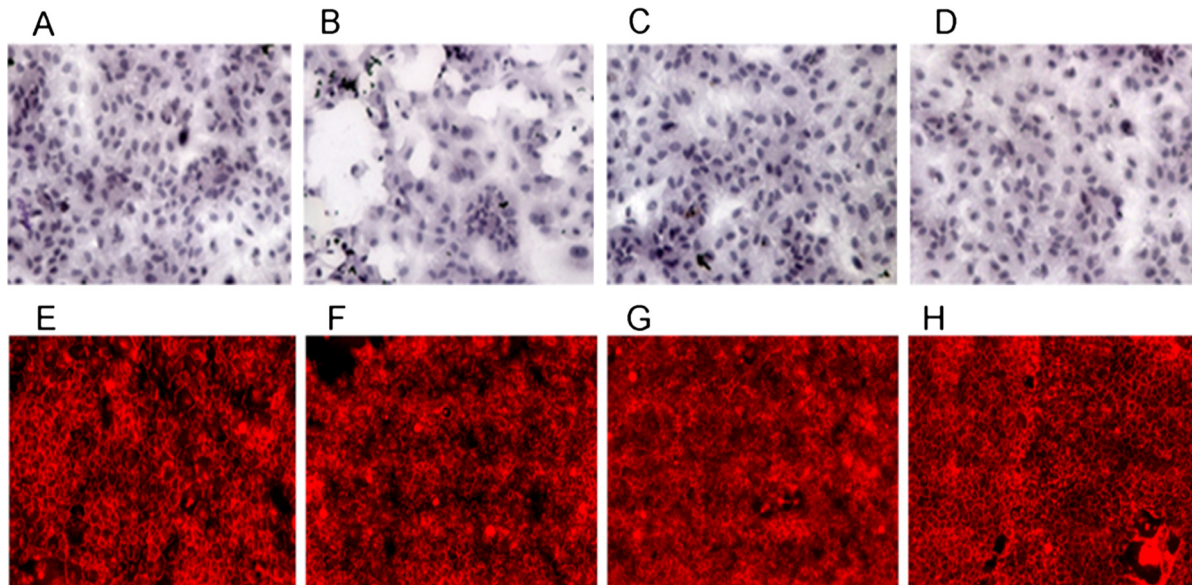


Fig. 2. 8-OH-DPAT protects against the loss of tight junctions caused by mitochondrial oxidative stress. (A–D) ARPE-19 cells were grown overnight in low serum medium. They were then treated with paraquat (300 μ M), or 8-OH-DPAT (20 μ M), or a combination of the two for 48 h, or left untreated. Cells were fixed, stained with hematoxylin and eosin, and imaged by light microscopy at an original magnification of 20 \times . (E–H) ARPE-19 cells were grown for five weeks in low serum medium until a change to cuboidal shape was noticeable. They were then treated with paraquat (300 μ M), or 8-OH-DPAT (20 μ M), or a combination of the two for 48 h, or left untreated. Cells were then permeabilized by treatment with non-ionic detergent and incubated with an antibody to ZO-1, followed by treatment with a Cy3 conjugated secondary antibody. Cells were visualized by fluorescence microscopy. A & E: cells in medium only; B & F: 300 μ M paraquat; C & G: 300 μ M paraquat plus 20 μ M 8-OH-DPAT; D & H: 20 μ M 8-OH-DPAT only.

exhibited a value for TER that was similar to that reported in the literature (Abionczy et al., 2011), and these cells were also resistant to paraquat treatment. When differentiated RPE cells were treated with paraquat and 8-OH-DPAT (Fig. 3C), we observed a 45-fold increase in *MT-1* mRNA and a 22-fold increase in *HO-1* mRNA. The induction of *MT-1* mRNA by 8-OH-DPAT alone was only 2-fold in this experiment, and the increase *MT-1* expression with paraquat alone was 27-fold, showing that the combined effect was roughly the product of the individual treatments. There was a small increase (less than 2-fold) in the expression of catalase following paraquat treatment, but using differentiated ARPE-19 monolayers there was no induction of *SOD1* expression or *SOD2* expression in cells treated with either compound or with the combination of paraquat plus 8-OH-DPAT.

3.3. 8-OH-DPAT stimulates antioxidant gene expression in the retina

Because differentiated RPE cells responded to 8-OH-DPAT and to mitochondrial oxidative stress differently than did freshly grown ARPE-19 cells, we decided to test the impact of the drug on the same marker genes in mice. Mice were treated on four sequential days with subcutaneous injections of 5 mg/kg of 8-OH-DPAT or of sterile saline. Based on body surface area, this dose would correspond to 0.4 mg/kg in an adult (60 kg) human (Reagan-Shaw et al., 2008). We then analyzed the dissected neural retinas and the RPE for measurement of transcript levels using RT-PCR (Fig. 4). In the retina (Fig. 4A), the 5HT1a agonist resulted in a 2-fold increase in the expression of *MT-1* ($p < 0.001$), a 4-fold increase in *HO-1* ($p < 0.01$), a 1.7 fold increase in both *NqO1* and catalase ($p < 0.05$), and a 1.6 fold increase in *SOD1* ($p < 0.01$). However, there was no induction of *SOD2*. This result suggests that any anti-oxidant protection we may observe is not associated with increased production of MnSOD, but rather with other protective proteins such as metallothionein and antioxidant enzymes, such as heme oxygenase 1, NAD(P)H-dehydrogenase quinone 1, catalase

and Cu/Zn superoxide dismutase.

Similar to what we observed in differentiated ARPE-19 cells, treatment of mice with 8-OH-DPAT alone led to only a marginal increase in the expression of *MT1* and *HO-1* and no statistically significant change in *NqO1* and *SOD2* in the RPE (Fig. 4B). If anything, the levels of catalase and *SOD1* mRNA were slightly decreased in the RPE of mice treated with 8-OH-DPAT.

3.4. Reduced oxidative stress in RPE-Specific *Sod2* knockout mice

We next asked if 8-OH-DPAT treatment could attenuate oxidative stress we reported in mice deleted for the *Sod2* gene in the RPE. These mice are homozygous for a floxed (flanked by loxP) allele of *Sod2* (Strassburger et al., 2005) and bear a doxycycline-regulated copy of the cre recombinase that is expressed only in the RPE, because the tetracycline transactivator is expressed under control of the *VMD2* promoter (Le et al., 2008). We had previously reported an increase in the level of 8-OH-deoxyguanosine in the RPE layer of these mice that was evident by immunohistochemistry in RPE flat mounts (Mao et al., 2014). To determine if 8-OH-DPAT treatment reduced oxidative stress in these mice, we induced neonatal mice for expression of cre recombinase, and at one month of age, in different groups of mice we began daily subcutaneous injection of sterile saline, 0.5 mg/kg or 5.0 mg/kg of 8-OH-DPAT dissolved in sterile saline. After 30 days of treatment, 3 mice from each group were humanely sacrificed, and RPE flat mounts were prepared. While considerable immunofluorescence was apparent in the mice treated with saline, treatment with either the high or the low dose of 8-OH-DPAT reduced the level of 8-OH-deoxyguanosine immune reactivity substantially (Fig. 5).

To test another marker of oxidative stress in *Sod2* deleted mice treated with 8-OH-DPAT, proteins were extracted from four mice from each treatment group and assayed for nitrotyrosine by ELISA. Reaction of superoxide with nitric oxide results in peroxynitrite (ONOO^-), and nitrotyrosine adducts are formed by reaction of peroxynitrate with tyrosine residues. We observed a six-fold

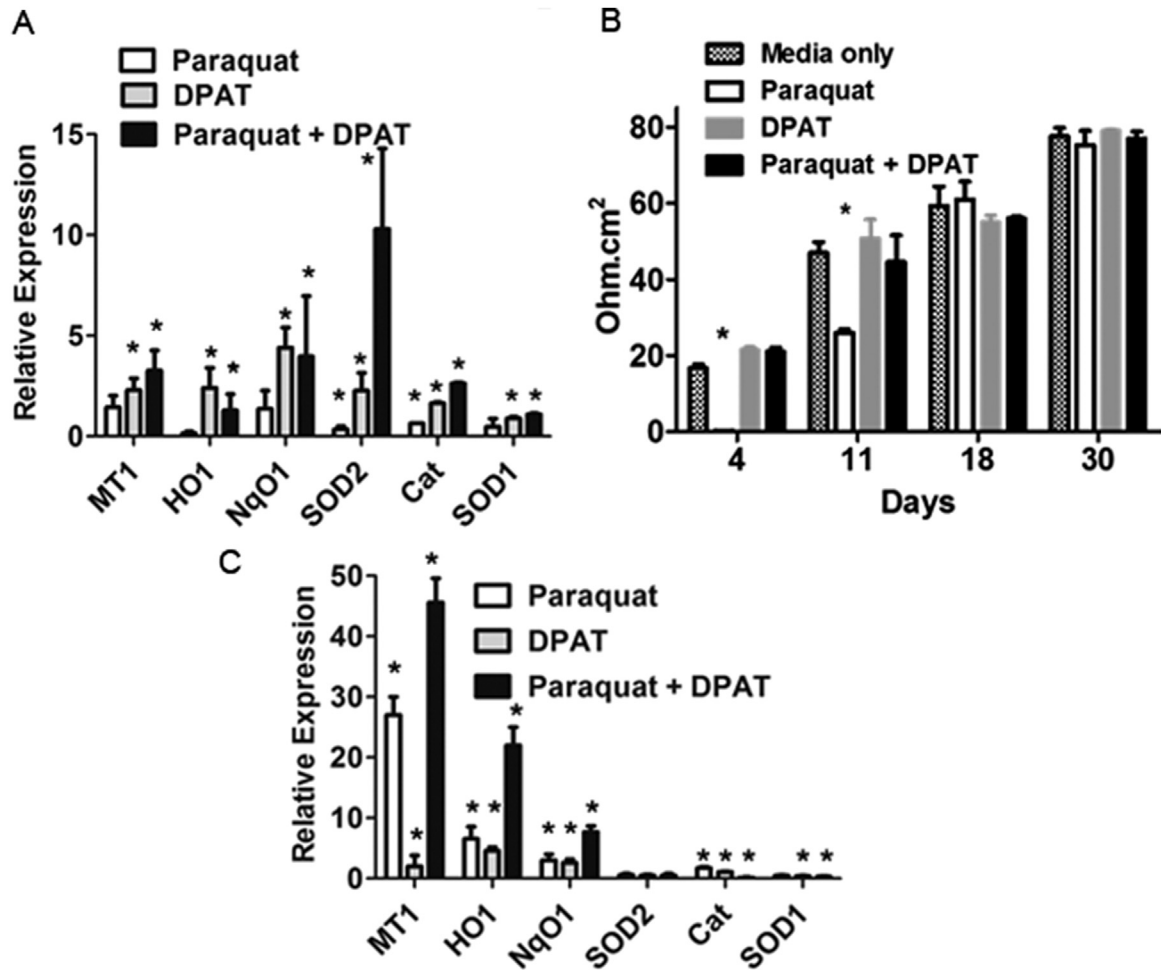


Fig. 3. 8-OH-DPAT enhances the antioxidant response. **A.** ARPE-19 cells were treated simultaneously with 300 μ M paraquat and 20 μ M 8-OH-DPAT for 48 h. RNA was extracted, followed by first strand cDNA synthesis and qPCR with primers for mRNAs encoding the antioxidant effector molecules indicated. Assays were performed in triplicate. Transcript levels relative to beta actin were set to one in untreated cells, and the values indicated are relative to untreated cells (* $p < 0.05$ relative to untreated cells) Error bars indicate the standard deviation. **B.** ARPE-19 cells grown in low serum medium for days indicated were treated with paraquat (400 μ M), and or 8-OH-DPAT (20 μ M) for the last 48 h. Electrical resistance was measured using EVOM2 (World Precision Instruments). Resistance in no cell control well was subtracted from those with cells (* $p < 0.05$ relative to media only) Error bars indicate the standard deviation. **C.** ARPE-19 cells grown in low serum medium for 5 weeks were treated with paraquat, 8-OH-DPAT, or a combination of the two for 48 h. RNA was extracted and first strand cDNA was synthesized, which was used to carry out qPCR with the primers for the genes indicated. Transcript levels relative to beta actin were set to one in untreated cells, and the values indicated are relative to untreated cells (* $p < 0.05$ relative to untreated cells). Error bars indicate the standard deviation.

reduction in nitrotyrosine adducts in the RPE samples of mice treated with either the low-dose or the high dose of 8-OH-DPAT (Fig. 6A). Overall, levels of nitrotyrosine were lower in the neural retina, but treatment with 5 mg/kg of 8-OH-DPAT led to a three-fold reduction in nitrotyrosine, (Fig. 6B) ($p = 0.058$).

3.5. Protection of visual function by daily treatment with 5HT1a agonist

To determine if reducing oxidative stress in the retina and RPE would preserve photoreceptor function in mice deleted for *Sod2* in the RPE, we gave *Sod2^{fllox/fllox} VMD2-cre* mice that had been induced with doxycycline as neonates, daily injections of 8-OH-DPAT at a low (0.5 mg/kg) or a high dose (5.0 mg/kg), while a control group was given daily injections of diluent (sterile saline) over a period of four months. To assess visual function we performed dark-adapted full field electroretinography (ERG) measurements at monthly intervals (Fig. 7). While daily treatment with the low dose did not affect the a-wave or b-wave amplitudes in *Sod2* deleted mice, treatment with the higher dose led to a 50% increase in amplitudes of a-wave and b-wave that was maintained over the four-month

time course. There was no significant difference between the implicit time (latency) of the a-wave and the b-wave among the mice in the three treatment groups. Cone function as measured by photopic b-wave amplitudes did not decline significantly over the four-month time course, and consequently we saw no impact of drug treatment (data not shown).

To determine if drug treatment had an impact on functional vision, we performed an optokinetic assessment (Optomotry™) following four months of treatment (Fig. 8). We observed that daily injection of either 0.5 mg/kg or 5.0 mg/kg of drug led to a modest (20%) but statistically significant increase in visual acuity, measured as cycles per degree. Because visual acuity can be improved by localized preservation of retinal function, it is not unexpected that optokinetic assessment should be more sensitive than full field ERG, perhaps accounting for the difference in results between ERG and Optomotry™ at the low drug level.

3.6. Impact of 8-OH-DPAT treatment on retinal and RPE structure

To assess impact of drug treatment on retinal structure, we used spectral domain optical coherence tomography (SD-OCT) to

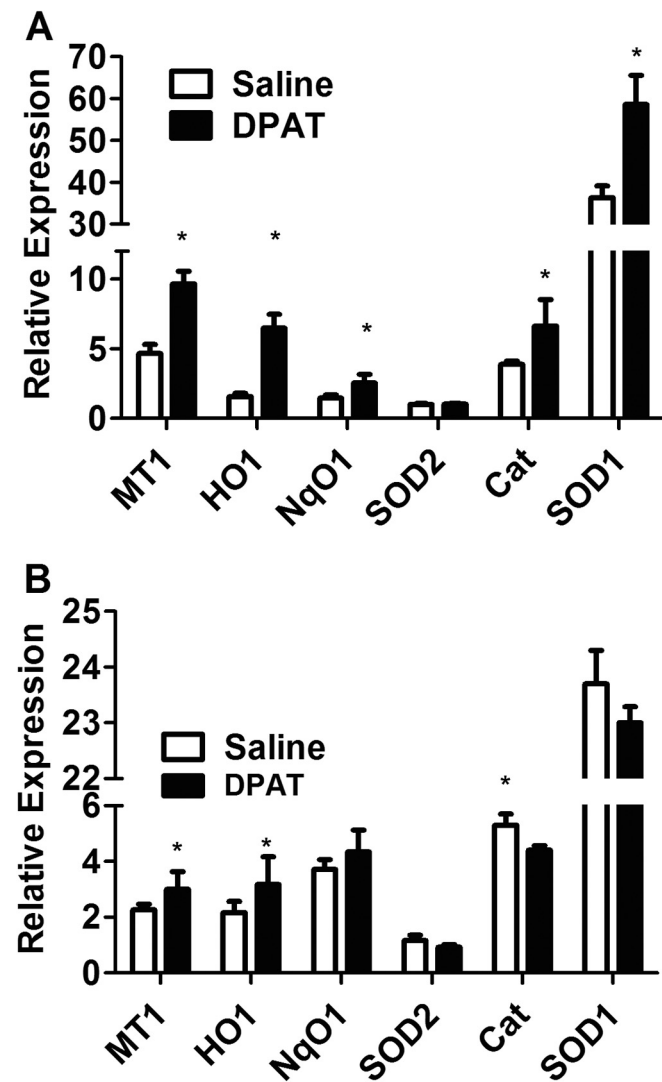


Fig. 4. The 5HT_{1a} agonist induces antioxidant enzymes in the neural retina. Mice ($n = 5$, 8–10 week old) were injected daily subcutaneously with 5 mg/kg of 8-OH-DPAT, or equivalent volume of saline for 4 days. Retina and retinal pigment epithelium, dissected from the eyes of these mice were used to extract RNA, which was used for RT-qPCR to evaluate the expression of metallothionein 1 (MT1), heme oxygenase 1 (HO1), NqO1, or superoxide dismutase 2 (SOD2), catalase (Cat) and superoxide dismutase 1 (SOD1) relative to β -actin ($*p < 0.05$ compared to saline). A. Results for the neural retina; B. Results for the RPE. Error bars indicate the standard deviation ($*p < 0.05$).

evaluate the thickness of the outer nuclear layer (ONL) measuring at four locations equidistant from the optic nerve head and averaging these measurements (Fig. 9). We observed a slight, but statistically insignificant, reduction in the ONL thickness over the course of the experiment, and, if anything, high dose 8-OH-DPAT treatment led to a marginal decrease in ONL thickness, though this difference did not attain statistical significance either. Nevertheless, SD-OCT did reveal important differences between treatment groups with respect to outer rod-outer segments (Fig. 10A). In human eyes, Staurenghi et al. (Staurenghi et al., 2014) have identified the photoreceptor outer segments as a hypo-reflective band above the RPE choroid complex. Recent work using signal-averaged images and experimental manipulation in mice (Berger et al., 2014) corroborates that assignment. We consistently observed that this layer was noisier and more hyper-reflective in the *Sod2* deleted mice treated only with saline than in mice treated with the high

dose of 8-OH-DPAT. Mice treated with a low dose of the drug exhibited intermediate reflectivity of this layer.

Electron micrographs from the same mice indicate a potential source of increased reflectance: In saline treated animals (Control) the outer segments were disordered and contained holes or cystic spaces within the outer segments (Fig. 10B). Photoreceptors in mice treated with 0.5 mg/ml of 8-OH-DPAT were also disordered, and, as in the saline treated mice, they exhibited broken tips that had not been phagocytized by the RPE. In contrast, photoreceptors in mice treated with the high dose of 8-OH-DPAT exhibited uniform thickness and regularly arranged disc membranes. The tips of the outer segments of the photoreceptors did not appear to interdigitate with apical processes of the RPE, however.

It was obvious that the RPE of the control treated mice were more highly vacuolated than that of the high dose group (Fig. 11A and B). RPE vacuolization was widespread, as demonstrated by light micrographs taken at lower magnification (Supplementary Fig. 1). Light micrographs like these were used to measure the thickness of the RPE layer at ten evenly spaced locations along a vertical meridian containing the optic nerve head. No significant differences in RPE thickness were found between the control and high dose groups, though the RPE was measurably thicker at several locations in mice treated with the low dose of 8-OH-DPAT (Supplementary Fig. 2). We currently have no explanation for this finding. More mitochondria were visible in the 8-OH-DPAT treated mice, and most of these were along the basal surface (Fig. 11B). In the saline treated mice, melanosomes were located primarily along the apical surface but they were more spherical than the typical elongated melanosomes seen in the drug treated mice. The in-foldings along the basal surface of the RPE appeared more densely packed in the high dose-treated eyes, and Bruch's membrane retained a more compact structure in mice of this group. These are characteristics of the RPE in wild-type mice. Mice treated with the low dose of 8-OH-DPAT exhibited damaged outer segments and an intermediate level of vacuolization compared to the other groups (Supplementary Fig. 3), but alterations to Bruch's membrane and to the basal surface of the RPE were less severe changes seen in the control (saline treated) mice.

4. Discussion

Serotonin receptor agonists and antagonists are commonly used to treat depression or anxiety, and a 5HT_{1a} receptor agonist, Buspirone, is currently in use for that purpose. However, 5HT_{1a} receptor agonists also have neuroprotective effects (Ramos et al., 2004), and one orally available agonist, xaliproden, has been shown to reduce neuropathic side-effects of chemotherapy (Susman, 2006). This drug has also been used in clinical trials for ALS and Alzheimer disease. Another 5HT_{1a} agonist, AL-78898A, has been employed as localized treatment for patients with geographic atrophy associated with AMD (www.clinicaltrials.gov). While efficacy has yet to be established in any of the clinical trials, the drugs appear to be safe, and we believe that continuing to explore the benefit of 5HT_{1a} receptor agonists as a treatment for geographic atrophy is warranted, especially in light of the protective effect of these compounds in rodent models of retinal injury (Collier et al., 2011a; Collier et al., 2011b; Thampi et al., 2012). We have used the prototype compound of this class, 8-OH-DPAT, in a mouse model of geographic atrophy associated with mitochondrial reactive oxygen species in the RPE.

We show that in the face of mitochondrial oxidative stress, treating ARPE-19 cells with this agonist led to a significant increase in the expression anti-oxidant enzymes such as HO-1, NqO1, Cu/Zn SOD (SOD1) and catalase which are regulated by transcription factor Nrf2, and of MnSOD, which is regulated independently

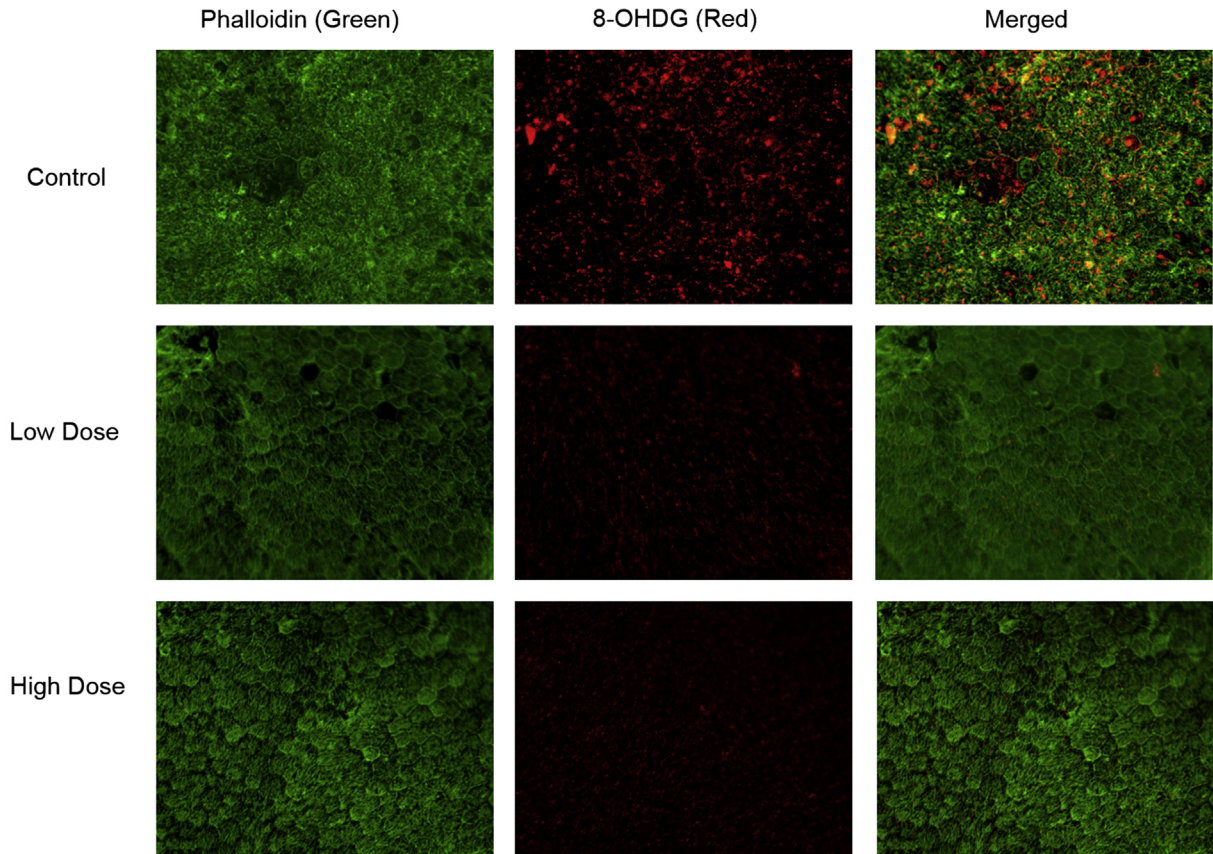


Fig. 5. Treatment with 8-OH-DPAT reduces oxidative stress in the RPE. *Sod2^{flax/flax}VMD2-cre* mice were treated for one month by daily injection of saline (Control), 0.5 mg/kg of 8-OH-DPAT (Low Dose) or 5.0 mg/kg of 8-OH-DPAT (High Dose). They were then euthanized, enucleated and flat mounts were prepared from their RPE layers. These were stained with Alexa fluor 488 (green) conjugated phalloidin and with antibody to 8-OH-deoxyguanosine. The secondary antibody to detect 8-OH-dG was conjugated to Cy3 (red).

(Fig. 3). In addition, transcript levels of the metallothionein were increased by simultaneous treatment with 8-OH-DPAT and paraquat. Zinc treatment of ARPE 19 cells was also shown to stimulate this production of this metal binding protein, resulting in lysosomal

stabilization and protection from oxidative stress (Baird et al., 2006). Karlsson et al. (Karlsson et al., 2013) suggest that autophagy of iron binding proteins such as metallothionein protects the RPE by reducing the level of reactive iron in the lysosome. As

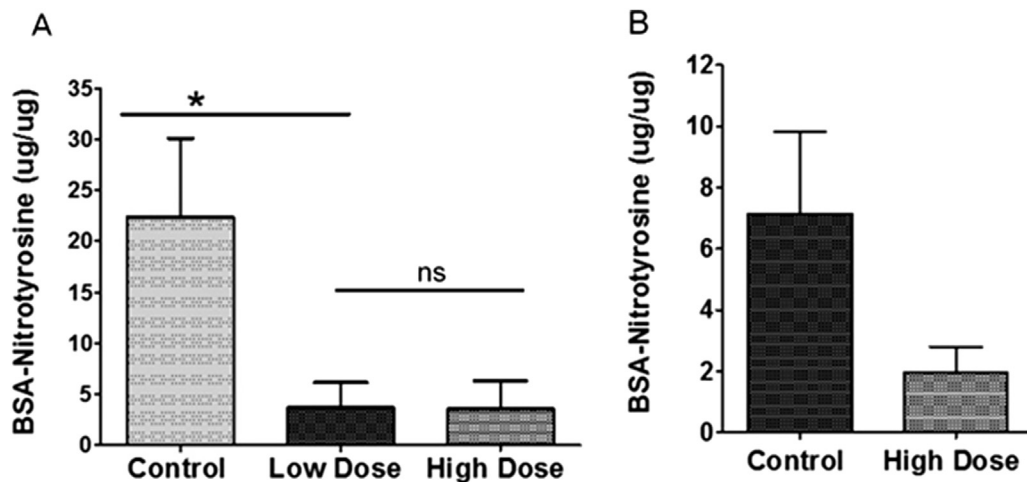


Fig. 6. Treatment with 8-OH-DPAT reduces nitrotyrosine levels in the RPE of *Sod2*-deleted mice. *Sod2^{flax/flax}VMD2-cre* mice were treated for one month by daily subcutaneous injection of saline (Control), 0.5 mg/kg of 8-OH-DPAT (low dose) or 5.0 mg/kg of 8-OH-DPAT (high dose). Levels of nitrotyrosine modified proteins were measured using a competitive luminescence assay using a nitrated BSA standard curve. Assays were performed in duplicate from the indicated numbers of biological replicates. **A.** nitrotyrosine levels in RPE samples (n = 4 for high dose and control; n = 5 for low dose). **B.** nitrotyrosine levels in the retina (n = 6 for the control, n = 4 for the high dose). (We did not recover low dose retinas for this experiment.) (ns, not significant; *p < 0.05). Error bars represent the standard deviation.

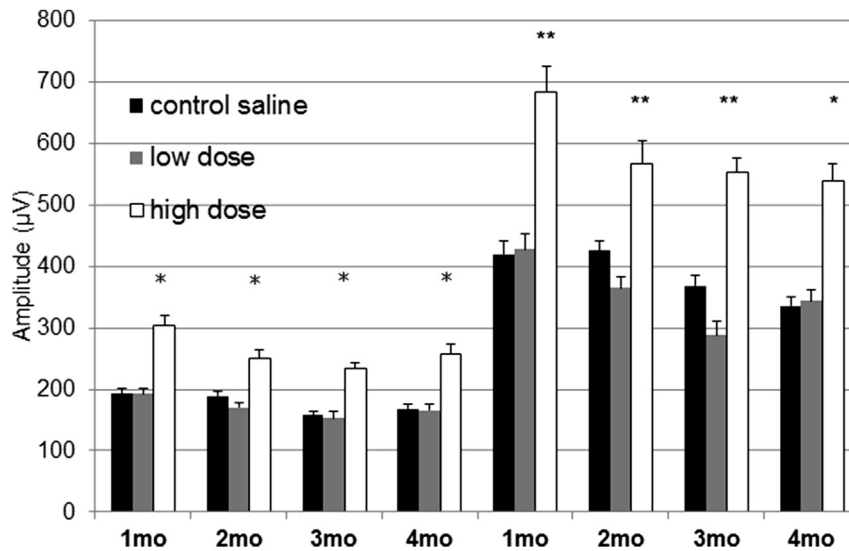


Fig. 7. Treatment with high dose of 8-OH-DPAT leads to elevated scotopic ERG response. Dark-adapted electroretinogram responses were measured in doxycycline-induced *Sod2^{fllox/fllox}VMD2^{cre}* mice at 1, 2, 3 and 4 months of age. The average a-wave amplitudes and the average b-wave amplitudes recorded at 0 dB (2.68 cd s/m²) flash intensity are shown. The same cohort of mice was used for all data points. For each time point 14 mice were used, except the 4 month time point at which n = 11 (*p < 0.05; **p < 0.01). Error bars represent the standard error of the mean.

expected, elevation of these proteins protected cultured RPE cells from cell death (Fig. 1) and preserved the integrity of RPE monolayers (Figs. 2 and 3B).

Strikingly, when RPE cells were grown for several weeks in low serum medium to stimulate differentiation into a monolayer of cells that exhibited trans-epithelial resistance, *Sod2* expression was not stimulated by 8-OH-DPAT. Differentiated RPE cells are known to be resistant to treatment with oxidants, and the basal levels molecular chaperones is already elevated under these conditions (Bailey et al., 2004). We noticed that the induction of metallothionein and heme oxygenase 1 were much higher in differentiated ARPE-19 monolayers than in freshly grown cells (Fig. 3C).

Systemic treatment of mice for four days with 8-OH-DPAT stimulated transcription of metallothionein and Nrf2 regulated anti-oxidant genes in the neural retina, but not *Sod2*. The level of induction of metallothionein and heme oxygenase 1 was much

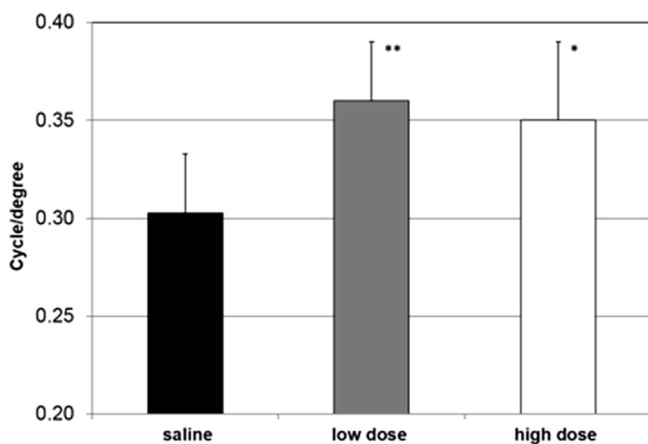


Fig. 8. Visual acuity improves in 8-OH-DPAT treated mice. A. Mice were treated for four months with daily injections of saline or of 8-OH-DPAT at 0.5 mg/kg (low dose) or 5 mg/kg (high dose). Eight mice from each group were analyzed by Optometry™ as described in the Materials and Methods. Error bands indicate standard deviation (*p < 0.05; **p < 0.01).

lower in the RPE following drug treatment, but was similar to the level of induction seen in differentiated RPE cells treated with 8-OH-DPAT. In the differentiated RPE cells, high level induction required both drug treatment and mitochondrial oxidative stress (paraquat). In mice deleted for *Sod2* in the RPE, treatment with the 5HT1a agonist led to a decrease in RPE oxidative stress, as measured by immune reactivity of 8-OH-deoxyguanosine in the RPE (Fig. 5) and reduction in nitrotyrosine adducts (Fig. 6). We conclude that 8-OH-DPAT protects the RPE and neural retina by elevation of antioxidant proteins other than MnSOD, and the protection we had observed in the ribozyme-knockdown model (Thampi et al., 2012) was not a simple reversal of the original injury.

To confirm this conclusion, we initiated a long term (four month) study of systemic drug therapy in mice deleted for *Sod2* in the RPE. In this case, since the gene was missing, levels of *Sod2* mRNA in the RPE could not be elevated in response to 8-OH-DPAT, and we confirmed this by RT-PCR (data not shown). We did not expect to measure significant changes in ERG amplitudes in response to drug treatment, since reduction in ERG amplitudes did not become statistically significant before six months in the *Sod2* deleted mice (Mao et al., 2014). We did, nevertheless, observe a statistically significant increase in ERG a-wave and b-wave amplitudes in *Sod2^{fllox/fllox}VMD2-cre* mice treated with 5.0 mg/kg of 8-OH-DPAT (Fig. 7). This elevation in electroretinogram response was not seen in wild-type (C57Bl/6) mice in response to daily high dose treatment (Thampi et al., 2012). Therefore, we conclude that the protective effect measured by ERG was related to the elevation in protective proteins (Figs. 3 and 4) and the reduction in oxidative stress (Fig. 5) in high-dose treated mice relative to control or low dose groups.

The most striking impact of treatment with 8-OH-DPAT was revealed by electron microscopy. Doxycycline induced *Sod2^{fllox/fllox}VMD2-cre* mice exhibited vacuolization of the RPE that was not observed in mice treated with the high dose of the drug (Figs. 10 and 11). In addition, drug therapy preserved the structure of the rod photoreceptor outer segments, which contained distorted disc membranes and broken tips in mice treated with saline or with the low dose of 8-OH-DPAT. Consequently, it is likely that the phagocytic function of RPE was compromised by mitochondrial oxidative

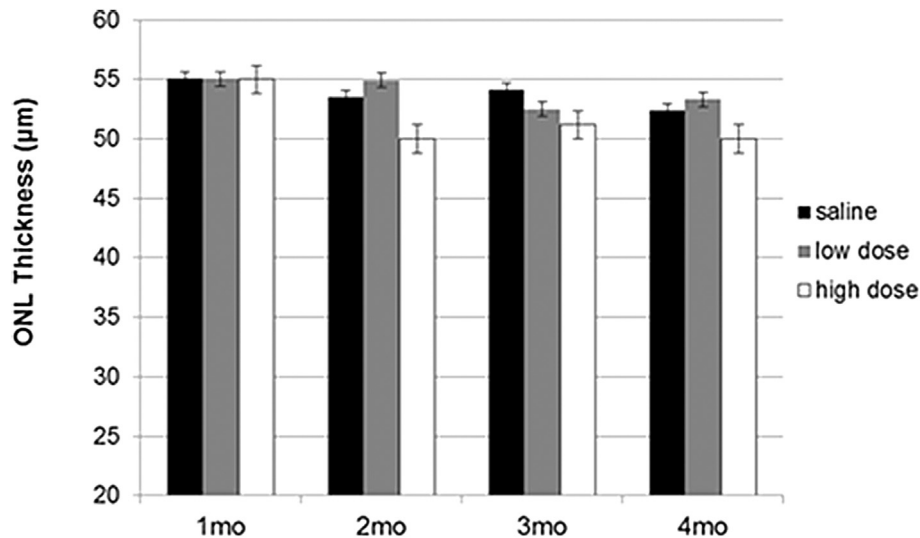


Fig. 9. Drug treatment does not lead to increased ONL thickness. Thickness of the outer nuclear layer (ONL) was measured using SD-OCT between highly reflective lines indicating the outer plexiform layer and the external limiting membrane at four locations equally spaced from the optic nerve head. These values were averaged for each eye and then averaged for each age and treatment group ($n = 14$ for months 1–3 and $n = 11$ for month 4). The error bars signify standard error of the mean.

stress, and that drug treatment protected this essential function. In future work, we plan to use primary cell cultures from the RPE of affected and treated mice to test this hypothesis using a phagocytosis assay (Nandrot et al., 2004).

A finding that we cannot explain at this time is that treatment with both low dose and high dose of 8-OH-DPAT led to reduced oxidative stress in the RPE and that both dosing levels improved the optokinetic response (Fig. 8), but that only daily dosing with 5.0 mg/kg (the high dose) seemed to preserve the structure of the photoreceptors. The 5HT1a receptor is a G protein coupled receptor

that mediates a variety of responses depending on the cell type (Kushwaha and Albert, 2005; Liu and Albert, 1991; Wang et al., 2014). For example, in serotonergic neurons, the receptor inhibits adenylate cyclase activity leading to inhibition of N-type calcium channels, and reduction of neuronal activity. In contrast, in fibroblasts activation of this receptor stimulates phospholipase C activity and leads to an influx of Ca^{+2} and protein kinase C activation. In addition, 8-OH-DPAT binding to the 5HT1a receptor activates the MAPK (mitogen activated protein kinase) in fibroblast cells (Garnovskaya et al., 1996). Treatment with the high dose of 8-OH-

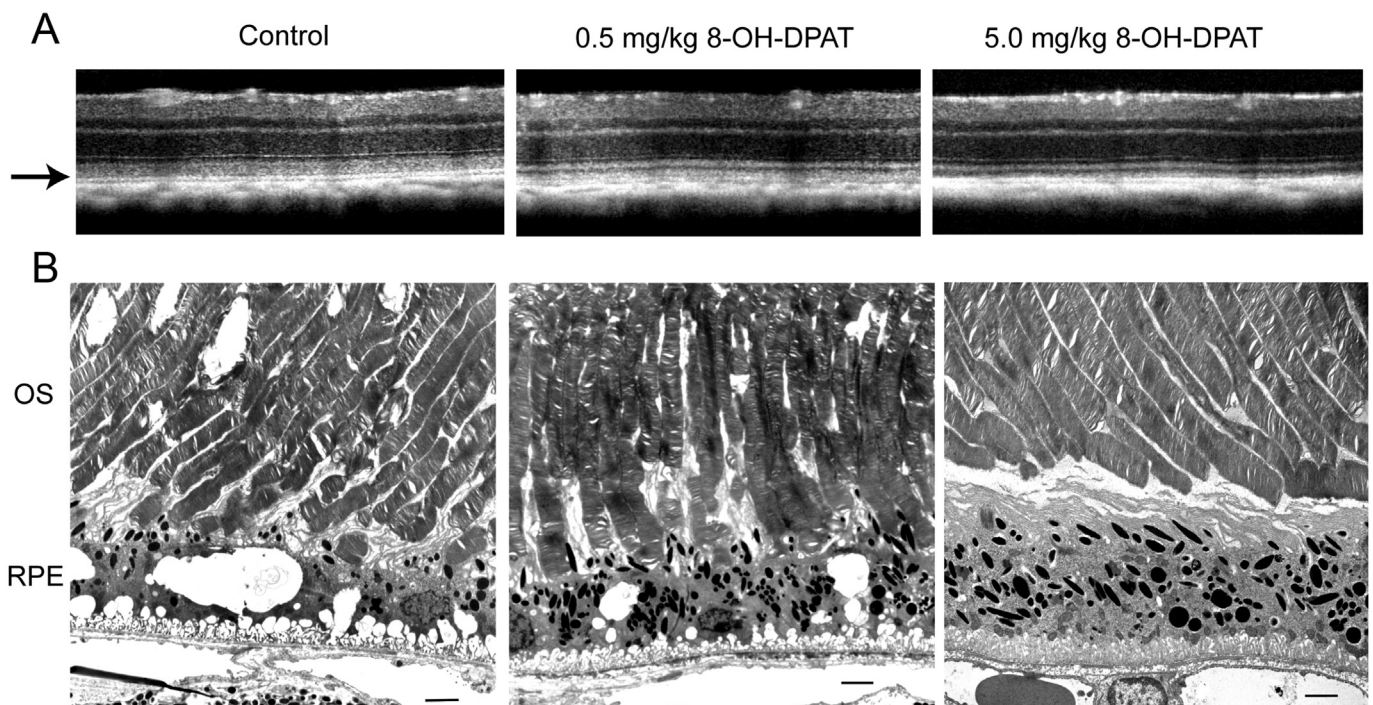


Fig. 10. High dose 8-OH DPAT leads to improved architecture of photoreceptor outer segments and the RPE. Top SD-OCT images of retinas from the indicated treatment groups after four months of treatment (5 months of age). The arrow indicates the region of the photoreceptor outer segments. Electron micrographs of the outer segments and RPE from the same mice imaged by SD OCT. OS, outer segments; RPE, retinal pigment epithelium. The original magnification was 5000 \times , and the scale bar is 2 microns.

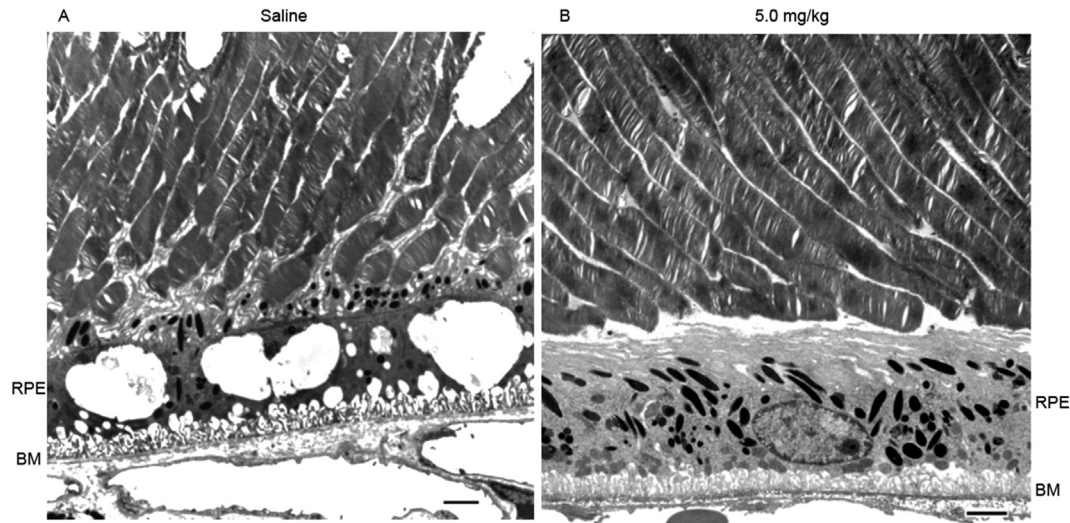


Fig. 11. Treatment with 8-OH-DPAT reduces vacuolization in the RPE and stabilizes Bruch's membrane. Electron micrographs of the outer segment RPE interface from *Sod2* deleted mice treated with saline (A) or with 5 mg/kg of 8-OH-DPAT (B) for four months. Scale bar is 2 microns.

DPAT may have had multiple effects on the retina and RPE, in addition to increasing protection from mitochondrial oxidative stress. This multiplicity of effects suggests that studying the mechanism of action of this class of compounds in the retina could be fruitful for understanding basic signaling processes as well as for therapy.

5. Conclusions

8-OH-DPAT was effective in preserving RPE structure and function and in preventing the loss of photoreceptors in this model of retinal degeneration and in the more severe light injury model. Whether systemic delivery of 5HT1a agonists will be useful for treating dry AMD and preventing atrophy of the RPE may depend on the tolerability of their side effects. The compounds that are already approved for human use have mood altering properties, and these may limit the usefulness of these drugs for long-term use. On the other hand, if a selective agonist can be identified or a method for localized delivery to the back of the eye can be developed (Cholkar et al., 2014; Rowe-Rendleman et al., 2014), then 5HT1a agonists have great promise for the treatment of advanced AMD.

Conflicts of interest

This project was initially supported by Alcon Laboratories, now a part of Novartis Pharmaceuticals.

Acknowledgments

This work was supported by grants from the BrightFocus Foundation (M2012029) and from Alcon Laboratories, Inc. Additional support was provided by the Shaler Richardson Professorship endowment and by the NEI core grant to the University of Florida (P30 EY02172). We thank Dr. Eduardo Candelario-Jalil for allowing us to use his volttohmmeter to measure transepithelial resistance and to Dr. Changjun Yang for teaching us how to use it.

Appendix A. Supplementary data

Supplementary data related to this article can be found at <http://dx.doi.org/10.1016/j.exer.2015.07.022>.

References

- Age-Related Eye Disease Study Research Group, 2001. A randomized, placebo-controlled, clinical trial of high-dose supplementation with vitamins C and E and beta carotene for age-related cataract and vision loss: AREDS report no. 9. *Arch. Ophthalmol.* 119, 1439–1452.
- Ablonczy, Z., Dahrouj, M., Tang, P.H., Liu, Y., Sambamurti, K., Marmorstein, A.D., Crosson, C.E., 2011. Human retinal pigment epithelium cells as functional models for the RPE in vivo. *Investig. Ophthalmol. Vis. Sci.* 52, 8614–8620.
- Bailey, T.A., Kanuga, N., Romero, I.A., Greenwood, J., Luthert, P.J., Cheetham, M.E., 2004. Oxidative stress affects the junctional integrity of retinal pigment epithelial cells. *Investig. Ophthalmol. Vis. Sci.* 45, 675–684.
- Baird, S.K., Kurz, T., Brunk, U.T., 2006. Metallothionein protects against oxidative stress-induced lysosomal destabilization. *Biochem. J.* 394, 275–283.
- Berger, A., Cavallero, S., Dominguez, E., Barbe, P., Simonutti, M., Sahel, J.A., Sennlaub, F., Raoul, W., Paques, M., Bemelmans, A.P., 2014. Spectral-domain optical coherence tomography of the rodent eye: highlighting layers of the outer retina using signal averaging and comparison with histology. *PLoS One* 9, e96494.
- Calkins, M.J., Johnson, D.A., Townsend, J.A., Vargas, M.R., Dowell, J.A., Williamson, T.P., Kraft, A.D., Lee, J.M., Li, J., Johnson, J.A., 2008. The Nrf2/ARE pathway as a potential therapeutic target in neurodegenerative disease. *Antioxid. Redox Signal.*
- Cano, M., Thimmalappula, R., Fujihara, M., Nagai, N., Sporn, M., Wang, A.L., Neufeld, A.H., Biswal, S., Handa, J.T., 2010. Cigarette smoking, Oxidative stress, the antioxidant response through Nrf2 signaling, and Age-related Macular Degeneration. *Vis. Res.* 50, 652–664.
- Castello, P.R., Drechsel, D.A., Patel, M., 2007. Mitochondria are a major source of paraquat-induced reactive oxygen species production in the brain. *J. Biol. Chem.* 282, 14186–14193.
- Cholkar, K., Gunda, S., Earla, R., Pal, D., Mitra, A.K., 2014. Nanomicellar topical aqueous drop formulation of rapamycin for back-of-the-eye delivery. *AAPS. PharmSciTech* 16, 610–622.
- Cocheme, H.M., Murphy, M.P., 2008. Complex I is the major site of mitochondrial superoxide production by paraquat. *J. Biol. Chem.* 283, 1786–1798.
- Collier, R.J., Patel, Y., Martin, E.A., Dembinska, O., Hellberg, M., Krueger, D.S., Kapin, M.A., Romano, C., 2011a. Agonists at the serotonin receptor (5-HT_{1A}) protect the retina from severe photo-oxidative stress. *Investig. Ophthalmol. Vis. Sci.* 52, 2118–2126.
- Collier, R.J., Wang, Y., Smith, S.S., Martin, E., Ornberg, R., Rhoades, K., Romano, C., 2011b. Complement deposition and microglial activation in the outer retina in light-induced retinopathy: inhibition by a 5-HT_{1A} agonist. *Investig. Ophthalmol. Vis. Sci.* 52, 8108–8116.
- Cowen, D.S., 2007. Serotonin and neuronal growth factors – a convergence of signaling pathways. *J. Neurochem.* 101, 1161–1171.
- Crabb, J.W., Miyagi, M., Gu, X., Shadrach, K., West, K.A., Sakaguchi, H., Kamei, M., Hasan, A., Yan, L., Rayborn, M.E., Salomon, R.G., Hollyfield, J.G., 2002. From the cover: drusen proteome analysis: an approach to the etiology of age-related macular degeneration. *Proc. Natl. Acad. Sci.* 99, 14682–14687.
- Decanini, A., Nordgaard, C.L., Feng, X., Ferrington, D.A., Olsen, T.W., 2007. Changes in select redox proteins of the retinal pigment epithelium in age-related macular degeneration. *Am. J. Ophthalmol.* 143, 607–615.
- Garnovskaya, M.N., van, B.T., Hawe, B., Casanas, R.S., Lefkowitz, R.J., Raymond, J.R., 1996. Ras-dependent activation of fibroblast mitogen-activated protein kinase

- by 5-HT_{1A} receptor via a G protein beta gamma-subunit-initiated pathway. *Biochemistry* 35, 13716–13722.
- Hadziahmetovic, M., Dentchev, T., Song, Y., Haddad, N., He, X., Hahn, P., Pratico, D., Wen, R., Harris, Z.L., Lambris, J.D., Beard, J., Dunaief, J.L., 2008. Ceruloplasmin/hephaestin knockout mice model morphologic and molecular features of AMD. *Investig. Ophthalmol. Vis. Sci.* 49, 2728–2736.
- Hollyfield, J.G., Bonilha, V.L., Rayborn, M.E., Yang, X., Shadrach, K.G., Lu, L., Ufret, R.L., Salomon, R.G., Perez, V.L., 2008. Oxidative damage-induced inflammation initiates age-related macular degeneration. *Nat. Med.* 14, 194–198.
- Hsiung, J., Zhu, D., Hinton, D.R., 2015. Polarized human embryonic stem cell-derived retinal pigment epithelial cell monolayers have higher resistance to oxidative stress-induced cell death than nonpolarized cultures. *Stem Cells Transl. Med.* 4, 10–20.
- Imamura, Y., Noda, S., Hashizume, K., Shinoda, K., Yamaguchi, M., Uchiyama, S., Shimizu, T., Mizushima, Y., Shirasawa, T., Tsubota, K., 2006. Drusen, choroidal neovascularization, and retinal pigment epithelium dysfunction in SOD1-deficient mice: a model of age-related macular degeneration. *Proc. Natl. Acad. Sci. U.S.A.* 103, 11282–11287.
- Jarrett, S.G., Boulton, M.E., 2012. Consequences of oxidative stress in age-related macular degeneration. *Mol. Asp. Med.* 33, 399–417.
- Justilien, V., Pang, J.J., Renganathan, K., Zhan, X., Crabb, J.W., Kim, S.R., Sparrow, J.R., Hauswirth, W.W., Lewin, A.S., 2007. SOD2 knockdown mouse model of early AMD. *Investig. Ophthalmol. Vis. Sci.* 48, 4407–4420.
- Karlsson, M., Frennesson, C., Gustafsson, T., Brunk, U.T., Nilsson, S.E., Kurz, T., 2013. Autophagy of iron-binding proteins may contribute to the oxidative stress resistance of ARPE-19 cells. *Exp. Eye Res.* 116, 359–365.
- Kushwaha, N., Albert, P.R., 2005. Coupling of 5-HT_{1A} autoreceptors to inhibition of mitogen-activated protein kinase activation via G beta gamma subunit signaling. *Eur. J. Neurosci.* 21, 721–732.
- Le, Y.Z., Zheng, W., Rao, P.C., Zheng, L., Anderson, R.E., Esumi, N., Zack, D.J., Zhu, M., 2008. Inducible expression of cre recombinase in the retinal pigmented epithelium. *Investig. Ophthalmol. Vis. Sci.* 49, 1248–1253.
- Liu, Y.F., Albert, P.R., 1991. Cell-specific signaling of the 5-HT_{1A} receptor. Modulation by protein kinases C and A. *J. Biol. Chem.* 266, 23689–23697.
- Mao, H., Seo, S.J., Biswal, M.R., Li, H., Conners, M., Nandyala, A., Jones, K., Le, Y.Z., Lewin, A.S., 2014. Mitochondrial oxidative stress in the retinal pigment epithelium leads to localized retinal degeneration. *Investig. Ophthalmol. Vis. Sci.* 55, 4613–4627.
- Miyazaki, I., Asanuma, M., Murakami, S., Takeshima, M., Torigoe, N., Kitamura, Y., Miyoshi, K., 2013. Targeting 5-HT(1A) receptors in astrocytes to protect dopaminergic neurons in Parkinsonian models. *Neurobiol. Dis.* 59, 244–256.
- Nandrot, E.F., Kim, Y., Brodie, S.E., Huang, X., Sheppard, D., Finnemann, S.C., 2004. Loss of synchronized retinal phagocytosis and age-related blindness in mice lacking alpha5beta5 integrin. *J. Exp. Med.* 200, 1539–1545.
- Ramos, A.J., Rubio, M.D., Defagot, C., Hischberg, L., Villar, M.J., Brusco, A., 2004. The 5HT_{1A} receptor agonist, 8-OH-DPAT, protects neurons and reduces astroglial reaction after ischemic damage caused by cortical devascularization. *Brain Res.* 1030, 201–220.
- Reagan-Shaw, S., Nihal, M., Ahmad, N., 2008. Dose translation from animal to human studies revisited. *FASEB J.* 22, 659–661.
- Rowe-Rendleman, C.L., Durazo, S.A., Kompella, U.B., Rittenhouse, K.D., Di, P.A., Weiner, A.L., Grossniklaus, H.E., Naash, M.I., Lewin, A.S., Horsager, A., Edelhofer, H.F., 2014. Drug and gene delivery to the back of the eye: from bench to bedside. *Investig. Ophthalmol. Vis. Sci.* 55, 2714–2730.
- Seo, S.J., Krebs, M.P., Mao, H., Jones, K., Conners, M., Lewin, A.S., 2012. Pathological consequences of long-term mitochondrial oxidative stress in the mouse retinal pigment epithelium. *Exp. Eye Res.* 101, 60–71.
- Shen, J.K., Dong, A., Hackett, S.F., Bell, W.R., Green, W.R., Campochiaro, P.A., 2007. Oxidative damage in age-related macular degeneration. *Histol. Histopathol.* 22, 1301–1308.
- Smith, W., Assink, J., Klein, R., Mitchell, P., Klaver, C.C., Klein, B.E., Hofman, A., Jensen, S., Wang, J.J., de Jong, P.T., 2001. Risk factors for age-related macular degeneration: pooled findings from three continents. *Ophthalmology* 108, 697–704.
- Starengi, G., Satta, S., Chakravarthy, U., Spaide, R.F., 2014. Proposed lexicon for anatomic landmarks in normal posterior segment spectral-domain optical coherence tomography: the IN³OCT consensus. *Ophthalmology* 121, 1572–1578.
- Strassburger, M., Bloch, W., Sulyok, S., Schuller, J., Keist, A.F., Schmidt, A., Wenk, J., Peters, T., Wlaschek, M., Lenart, J., Krieg, T., Hafner, M., Kumin, A., Werner, S., Muller, W., Scharffetter-Kochanek, K., 2005. Heterozygous deficiency of manganese superoxide dismutase results in severe lipid peroxidation and spontaneous apoptosis in murine myocardium in vivo. *Free Radic. Biol. Med.* 38, 1458–1470.
- Susman, E., 2006. Xaliproden lessens oxaliplatin-mediated neuropathy. *Lancet Oncol.* 7, 288.
- Tate Jr., D.J., Miceli, M.V., Newsome, D.A., 1999. Zinc protects against oxidative damage in cultured human retinal pigment epithelial cells. *Free Radic. Biol. Med.* 26, 704–713.
- Thampi, P., Rao, H.V., Mitter, S.K., Cai, J., Mao, H., Li, H., Seo, S., Qi, X., Lewin, A.S., Romano, C., Boulton, M.E., 2012. The 5HT(1a) receptor agonist 8-OH DPAT induces Protection from lipofuscin accumulation and oxidative stress in the retinal pigment epithelium. *PLoS One* 7, e34468.
- Wang, Q., Terauchi, A., Yee, C.H., Umemori, H., Traynor, J.R., 2014. 5-HT_{1A} receptor-mediated phosphorylation of extracellular signal-regulated kinases (ERK1/2) is modulated by regulator of G protein signaling protein 19. *Cell Signal* 26, 1846–1852.
- Xin-Zhao Wang, C., Zhang, K., Aredo, B., Lu, H., Ufret-Vincenty, R.L., 2012. Novel method for the rapid isolation of RPE cells specifically for RNA extraction and analysis. *Exp. Eye Res.* 102, 1–9.
- Zhao, Z., Chen, Y., Wang, J., Sternberg, P., Freeman, M.L., Grossniklaus, H.E., Cai, J., 2011. Age-related retinopathy in NRF2-deficient mice. *PLoS One* 6, e19456.